If you are always trying to be normal, you will never know how

AMAZING

you can be.

"DISCOVERING THE ZEN LEADER WITHIN"

> APRIL 2019 TCC CONFERENCE

KATHLEEN SHOKAI BISHOP, MS, PHI PURDUE UNIVERSITY GLOBAL HEALTH SCIENCES

Maya Angelou – American Poet

STARTING OUT RIGHT

This presentation outlines some goals to help us discover the leader in us and inspire our students through the simple and practical principles taught in Zen Buddhism.

The Six Paramitas

Generosity

The Truth is that when you seek to benefit only yourself, what you can reap is limited. Your own rewards will be greatest when you strive to benefit others.

Chan Master Sheng-yen, *The Six Paramitas: Perfections of the Bodhisattva Path* (2002), Dharma Drum Publ. Elmhurst, NY. Page 9A

Morality 2

The Buddha asked each follower to answer these three questions before, after, and during when considering the consequences of an action. Is what I am about to do...or is what I am currently doing...or is what I am currently own well-being and for the benefit of all others?

Page 16 http://chancenter.org/cmc/wpcontent/uploads/2010/09/TheSixParamitas.pdf

Patience 3

Patience in one's livelihood will extend to other aspects of one's life, and vice-versa. Without patience we could not endure the conflicts and obstacles in life.

Diligence 4

It is keenness without fear for demanding work, and is the antidote for laxity.

Meditation 5

"The heart of the spiritual path is the longing to know and to be your true and authentic self."

Meditation will help you discover this truly authentic self and enhance your leadership skills exponentially—the more you meditate and learn to focus your mind the better leader you will be.

Tenzin Wangyal Rinpoche, Tibetan Sound Healing: Seven Guided practices for clearing Obstacles, Accessing Positive Qualities and Uncovering Your Inherent Wisdom, (2006). Sounds True, Boulder Co. page 5

Wisdom 6

Wisdom is greater than knowledge or intellect because wisdom comes from something well beyond knowledge or humanity. All great leaders have discovered it in themselves.

水滴石穿, 绳锯木断

WATER DROPS PIERCE STONE; ROPE SAWS CUT WOOD.

Chinese Saying

Add a Footer

Who'd a thunk it??? Leadership is so simple... Try it. I'll bet you'll like it...

Thanks for joining me today...

kbishop@purdueglobal.edu www.unlockthedoortolearning.com

Shokai1210@gmail.com



Add a Footer

Sometimes dreams . are Wiser than waking.

Black Elk – Oglala Sioux Medicine Man